



EXPECTATION

At the end of Module 6, you are expected to:

- remember the many stories that were performed in opera;
- write and perform their basic operas;
- illustrate the many stories that are performed in opera;
- describe the characteristics of Shakespearean theater;
- write music that is appropriate for the theater plot;
- interpret William Shakespeare's various stories;
- advocate community efforts to increase participation in physical activities and improve.
- practice environmental ethics during participation in recreational activities of the community.
- analyze the risk factors related to intentional injuries.
- identify the different prevention and management of intentional injuries.



LOOKING BACK

Direction: Recall the activities, insights, and reflection that you have learned in Module 5. Write your answer below in the space provided.

MUSIC	ARTS
Have you encountered any difficulties in making sound, movement, gestures, and costumes for the Art song?	Have you encountered any difficulties in creating various movements and gestures that correspond to William Shakespeare's play?
PHYSICAL EDUCATION	HEALTH
What is hiking? What are the important things to remember when participating in hiking?	What have I learned about self-protection? How will I apply these learnings?



BRIEF INTRODUCTION

MUSIC: OPERA MUSIC IMPROVISATION

An opera is an art form presented in a theatrical setting where singers and musicians perform a dramatic musical work combining text and a musical score. Romantic Era opera composers focus on folklore, history, folk music, and nationalism that serves as inspiration.

In this module, students can create or improvise sound, music, movements, action, and costumes for an opera of their choice.



MUSIC ACTIVITY:

Directions:

- Choose a Romantic Period musical. Learn the rhythm of the opera you plan to conduct by watching, listening, and acting it out.
- Make or improvise your sounds, lyrics, gestures, motions, and costumes that are appropriate for the opera you select.
- Learners should record their output and send videos to the teacher through the FB messenger or Google form.

RUBRIC:

CATEGORY	POOR - 1	FAIR - 2	GOOD - 3	EXCELLENT - 4
Tonal Accuracy	The improvisation is seldom harmonically and melodically accurate, and is not in the proper tonality.	The improvisation is sometimes harmonically and melodically accurate, and is, at times, in the proper tonality.	The improvisation is mostly harmonically and melodically accurate, and is, for the most part, in the proper tonality.	The improvisation is always harmonically and melodically accurate and is always in the proper tonality.
Movement	The student utilized no movement during their scene, relying instead on sitting or standing with no gestures.	The student utilized minimum movement in their scene. Most of the scenes consisted of sitting or standing with little to no gestures.	The student moved into space and utilized pantomime and gestures to indicate the area around them. However, many of their movements were not specific or clear.	The student exhibited clear, concise movements with their scene. They used pantomime and gestures to indicate space.
Appropriate for characters	Costumes seem randomly designed and do not reflect the needs of the play	Costumes fit the characters somewhat, but there are some misses.	Costumes mostly fit the characters and the needs of the play.	Costumes fit perfectly to a vision of the characters in the play.



BRIEF INTRODUCTION

ARTS: VISUAL ELEMENTS RENAISSANCE: SHAKESPEARE PLAYS

The Shakespearean theater is based on the plays written by the great English playwright and poet, William Shakespeare, during the 16th century. Shakespeare is considered the greatest playwright in the history of English literature. Unlike other plays during his time, which are full of symbols and abstractions, Shakespeare's stories are about men and women with strong and weak qualities. They appeal to everyone because people could relate to his characters.

In this module, students may use various media to produce or improvise the sound and rhythm required in the original production of Shakespeare's play.



ART ACTIVITY:

Directions:

- Choose a Shakespeare play and watch the video to learn about the story's flow.
- Using media, produce or improvise the sound and rhythm required for the Shakespeare play of your choice.
- Learners can record their performance and submit videos to the teacher through Facebook Messenger or a Google form.

RUBRIC:

CATEGORY	POOR - 1	FAIR - 2	GOOD - 3	EXCELLENT - 4
Use of equipment & resources	The use of sound equipment is not done properly. Time given to use resources is wasted. A firm grasp of the required knowledge is not always evident. The task may not be taken seriously.	The use of sound equipment is mostly done properly. Some time to use resources is wasted. Some lack of knowledge may be evident. The task may not be taken seriously.	The use of sound equipment is done properly. A firm grasp of the required knowledge is most evident. Time is not wasted. The task is taken seriously.	The use of sound equipment is done properly. A firm grasp of the required knowledge is evident. No time is wasted while using resources and doing research. The task is taken seriously.
Rhythmic Accuracy	The improvisation is seldom in time, does not maintain a steady beat, and rarely includes quarter and eight notes.	The improvisation is sometimes in time, sometimes maintains a steady beat, and includes some quarter and eight notes.	The improvisation is mostly in time, for the most part, maintains a steady beat, and includes mostly quarter and eight notes.	The improvisation is always in time, maintains a steady beat, and includes only quarter and eight notes.

Creativity	The improvisation does not utilize ornamentation nor complex rhythms.	The improvisation utilizes some ornamentation and, at times, complex rhythms.	The improvisation utilizes ornamentation and complex rhythms.	The improvisation utilizes extensive ornamentation and complex rhythms.
Overall Improvisation	The student does not improvise within specified guidelines. Numerous errors detract from the overall result.	The student, with frequent assistance, improvises within specified guidelines. Some inaccuracies detract from the overall result.	The student improvises within specified guidelines. Minor inaccuracies do not affect the overall result. The student demonstrates creativity.	The student improvises within specified guidelines. The student displays skill and a high degree of accuracy, and models creativity.

(ALTERNATIVE ACTIVITY FOR THOSE WHO DOESN'T HAVE A GADGET AT HOME):

Making a Diorama using a shoebox

Materials:

- Shoebox,
- Construction paper or illustration board
- Miniature figurines
- Scissors
- White glue (craft glue)
- Dental floss or sewing thread
- Tape
- Poster colors or watercolors

Direction:

- Decide on a theme, such as the ocean, the rainforest, the solar system, or a favorite scene from a book. Make a list of all the elements including any important action in a scene you want to depict on your mini stage.
- Turn a cardboard box, like a shoebox, on its side. Paint the background landscape, including the sea, the sky, and the ground; or glue construction paper to the inside. Decorate the top and both sides. Let it dry thoroughly.
- Gather your miniature figurines or cutout figures from the illustration board.
- Work from the back of the box to the front, placing your figurines inside. Glue them in places when you find the layout you like.
- Consider hanging objects from the top of the box, such as birds or fish in an ocean scene using dental floss or sewing thread and scotch tape.



BRIEF INTRODUCTION

PHYSICAL EDUCATION: CAMPING

What is CAMPING?

This is a recreational activity in which one has to spend a day or more living in a tent or camp, usually away from home. Although some would lodge a tent outside their homes just to experience and enjoy the feel of camping.

Preparation before Camping

- Research the site before you go.
- Make and use your checklist.
- Create your meal plan.
- Be physically prepared.
- Always follow the safety rules in camping



PHYSICAL EDUCATION ACTIVITY:

Activity 1: My camping vlog

Create a vlog on how to prepare for camping and the do's and don'ts in camping. Submit your vlog to your teacher via messenger. Your vlog will be rated using the following criteria:

Creativity	20 pts
Clarity of the video (sound, image, voices, videos)	20 pts
Content	30 pts
Cleanliness	15 pts
Over-all performances	15 pts
Total:	100 pts

Activity 2: My dream camping

Draw the place where you want to go camping. Answer the guide questions given.

My dream camping

Guide Questions:

1. Why you have chosen that place for your dream camping?

2. What are the things that you need to prepare for the camping?

3. How does camping improve one's health?



BRIEF INTRODUCTION

HEALTH: PREVENTING SELF-HARM

What is SELF-HARM?

Self-harm can be classified in some ways, but many health experts refer to self-harm as non-suicidal self-injury (NSSI). NSSI is the deliberate injury or damage of one's body without suicidal intent. Behaviors that cause injury but are considered more culturally and socially acceptable, such as piercings and tattoos, do not generally fall under the category of NSSI. Common forms of NSSI include:

- Cutting
- Carving
- Scratching
- Hitting
- Burning
- Punching
- Head Banging
- Biting

How to prevent SELF-HARM?

- Focus on your feelings.
- Communicate in whatever way you feel most comfortable.
- Give the person time to process what you tell them.
- Provide Distractions



HEALTH ACTIVITY:

Activity 1: Beautiful drawing for a beautiful you

Create a drawing that you may show to a person who tends to do self-harm. You may use any coloring materials available at home in coloring your work. Do you Create it with positivity. 😊

Activity 2: A letter from me to you.

Along with your drawing. Write a letter of the things you may want to say to a person who tends to harm their selves. You can be creative in writing your letter.



REMEMBER

Keep in mind the following terms for you to understand the lesson.

MUSIC	ARTS
<i>Opera is a type of theatre in which music plays a prominent role and singers perform the roles, but it is distinct from musical theatre. Such a "work" is traditionally the product of a</i>	<i>Shakespeare's plays are generally considered as among the best written in the English language, and they are now performed all</i>

<p><i>the partnership between a composer and a librettist, and it includes a variety of performance arts, including singing, scenery, wardrobe, and, on occasion, dance, or ballet. The presentation is traditionally delivered in an opera house, accompanied by an orchestra or smaller musical ensemble, and has been conducted by a conductor since the early nineteenth century.</i></p>	<p><i>over the world. Any big living language has had the plays translated into it.</i></p>
PHYSICAL EDUCATION	HEALTH
<p>Camping is beneficial to one's health. Some of its benefits are:</p> <ul style="list-style-type: none"> • Stress reduction • Fresh air • Relationship building • Physical fitness • Lack of alarm clocks • Unplugging • Great food • Connection with nature • Development of new skills • Educational opportunities • Growth of confidence • Family connections 	<p>Self-harm can be a way of dealing with deep distress and emotional pain. It may help you express feelings you can't put into words, distract you from your life, or release emotional pain. Afterward, you probably feel better—at least for a little while. But then the painful feelings return, and you feel the urge to hurt yourself again.</p>



CHECK YOUR UNDERSTANDING

Before I move on to the next module, I will assure you that...

I understand...

I will apply for the lesson in...

I will practice...

Complete the statements.

PHYSICAL EDUCATION

The lesson helped me acquire:

Learning the lesson about table tennis will help me improve:

HEALTH

The lesson about self-harming made me realize that:

As an adolescent, I can help myself prevent self-harming by:
