



SELF-LEARNING MODULE

GRADE 9

QUARTER 3

**WEEK
6**



WRITER/S

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EXPECTATIONS

At the end of this module, you are expected to:

- a. Identify the different musical compositions of the Romantic Period;
- b. Listen perceptively to the selected songs of Romantic Period;
- c. Create a mashup music using the selected songs of Romantic Period;
- d. Identify representative artists from Romantic Periods;
- e. Creates artwork guided by the techniques and styles of the Romantic Periods;
- f. Reflect on and derive the mood or idea or message emanating from selected artworks of the Romantic periods.
- g. Identify the basic dance steps in 2/4 time signature;
- h. Develop good coordination of the body movements;
- i. Execute the basic dance steps in 2/4 time signature.
- j. Identify the common unintentional injuries;
- k. Demonstrate proper first Aid and procedure for Common Unintentional Injuries.



LOOKING BACK

Directions: Recall the activities, insights and reflection that you have learned in week 5. Write your answer in your MAPEH journal book.

MUSIC	ARTS
Romantic Period music and song improvisation (selected composer) I've learned that...	Nature and Background of Romantic Arts I've learned that...
PHYSICAL EDUCATION	HEALTH
Loco-motor and Non Loco-motor movements I've learned that	Carrying and Transporting an Injured Person I've learned that...



BRIEF INTRODUCTION

MUSIC : MUSIC OF ROMANTIC PERIOD

- Romantic Period started around 1820's and ended around 1900's embodied most strongly in the visual arts, music and literature and became increasingly expressive and inventive.
- Expansive symphonies, virtuosic piano music, dramatic operas and passionate song took inspiration from art and literature as they are known for its intense energy and passion.



MUSIC ACTIVITY

Activity #1: MASH-UP MUSIC WITH VISUAL ARTS PRESENTATION

DIRECTIONS:

1. Choose any of the instrumental compositions from the Romantic period given below and arrange 5 minutes mash-up music.
2. Create a visual art presentation using different artforms, historical photos or events out of the mashup music you created.
3. You can use any free installer from the internet to edit the music.

* Selected Romantic music for arrangement of composition *

1. Frederic Chopin's, Fantasie Impromptu Op. 66 piano sheet
2. Tchaikovsky's famous 1812 Overture Part 1
3. Pyotr Ilyich Tchaikovsky - The Nutcracker Suite
4. Franz Liszt - Liebestraum - Love Dream
5. Hungarian Rhapsody No. 2 - HD - Franz Liszt

RUBRICS ON MASH – UP MUSIC

CRITERIA	5	4	3	2
	EXCELLENT	VERY GOOD	GOOD	FAIR
ORIGINALITY & APPEARANCE	Presentation show considerable originality and inventiveness. The content and ideas are presented in a unique and interesting way. Excellent use of graphics and background.	Presentation shows some originality and inventiveness. The content and ideas are presented in an interesting way. Good use of graphics and backgrounds.	Presentation shows some originality and inventiveness. Fair use of graphics and backgrounds.	Presentation is a reduced attempt at originality and inventiveness. Reduced use of graphics and backgrounds.
CONTENT	Information is detailed, varied, and extensive	Includes important interesting information	Includes some important and interesting information.	Minimal Content
OVERALL PERFORMANCE	The mash-up was creative, pleasant. It included all required elements. The melody fit well with the visual art presentation.	The mash-up was somewhat creative and pleasant. Most of the required elements were included. The melodies were rhythmically awkward in a few places.	The mash-up was very basic and somewhat pleasant. At least half of the required elements were included. No fluidity in melody and lyrics.	The mash-up was not complete, and very unpleasant. Under half of the required elements were included. Project will need to be revised.



BRIEF INTRODUCTION

ARTS: ROMANTIC ART PRODUCTION

-ROMANTIC PAINTING (Portraits/Figures) The paintings of the Romantic period gave more emphasis on emotion. Artists expressed as much feeling and passion as it could be on a canvas.

-PAINTERS OF THE ROMANTIC PERIOD

1. JEAN LOUIS THÉODORE GÉRICAULT (1791-1824) France Géricault was the first French master and the leader of the French realistic school. His masterpieces were energetic, powerful, brilliantly colored, and tightly composed.
2. EUGÈNE DELACROIX (1798-1863) France Delacroix was considered the greatest French Romantic painter of all. He achieved brilliant visual effects using small, adjacent strokes of contrasting color. He was the most influential to most of Romantic painters and eventually, his technique was adopted and extended by the Impressionist artists.
3. FRANCISCO GOYA (1746-1828) Spain Francisco Goya was a commissioned Romantic painter by the King of Spain. He was also a printmaker regarded both as the last of the "Old Masters" and the first of the "Moderns".



ART ACTIVITY

Activity # 1: MATCH! MATCH! MATCH!

Directions: Match the Romantic Painting to its name given in the second column and Match the artwork to its Artist on the last column.

Write the letter of your answer on the blank.

Romantic Painting	Name of Artwork	Name of Artist
__1. 	__a. The Third of May	A. JEAN LOUIS THÉODORE GÉRICAULT
__2. 	__b. Liberty Leading the People	B. EUGÈNE DELACROIX
__3. 	__c. Insane Woman	C. FRANCISCO GOYA
__4. 	__d. Charging Chasseur	
__5. 	__d. Raff of Medusa	

Activity # 2: HOW ROMANTIC!

Express your emotions through a paint or sketch in an illustration showing the ideas of Romantic paintings.

Materials;

- Long bond paper
- Art or coloring material

Reflection Questions:

1. What is the TITLE of your artwork?
2. Why did you choose this subject?
3. What did you feel while doing your artwork?

RUBRICS

CRITERIA	5	4	3	2
QUALITY OF ARTWORK	All instructions were followed correctly	1-2 instructions were not followed correctly	3-4 instructions were not followed correctly	Most of the instructions were not followed correctly
VISUAL IMPACT	Artwork conveys the idea and dimensions of Romantic Arts	Artwork mostly conveys the idea and dimensions of Romantic Arts	Artwork somehow conveys the idea and dimensions of Romantic Arts	Artwork did not orderly convey the idea and dimensions of Romantic Arts
ORIGINALITY AND UNIQUENESS	There is no evidence of ideas from the sample. The artwork has its own concept and ideas.	Unique and original with some evidence from samples.	Have only few unique aspects. Patterns and/or legends are copied from the sample.	The whole artwork was copied from the sample.
NEATNESS	Artwork presentation was neat and orderly.	Artwork presentation was mostly neat and orderly.	Artwork presentation was somehow neat and orderly.	Artwork presentation was disorderly.

DESCRIPTIVE RATING SCORE	POINTS
Excellent	18-20
Very Good	15-17
Good	11-13
Fair	9-10
Poor	8



BRIEF INTRODUCTION

P.E. : BASIC DANCE STEPS IN 2/4 TIME SIGNATURE

- Festival dances are cultural dances performed to the strong beats of percussion instrument by community of people sharing the same culture usually done in honor of a Patron saints or a thanksgiving for bountiful harvest.
- Many people enjoy learning basic steps in folk dances and festival in order to participate in either a social or religious tradition, or sometimes just to get some exercises.



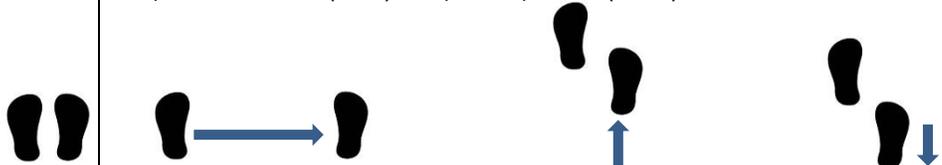
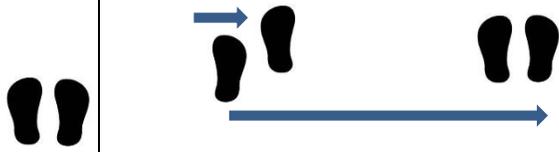
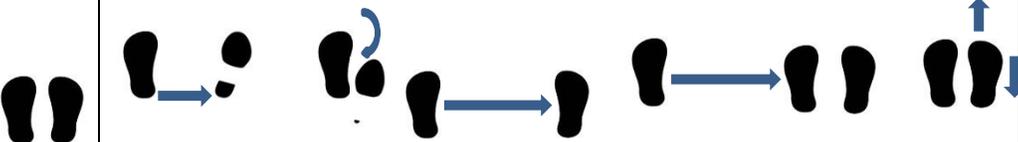
PHYSICAL EDUCATION ACTIVITY

Activity 1: Basic Dance Steps in 2/4 Time Signature

Direction: Execute properly the basic dance steps in 2/4 time signature.

LEGEND: R- Right foot  Heel- 
 L -Left foot  Toe/Point- 
 Ct- Count Direction- (   )

NAME OF STEPS	STEP PATTERN/COUNTING (RHYTHM)
Close step	Step R sideward (ct.1), Step L close to R (ct.2) 
Bleking	Step L in place (ct.1), Place R Heel in front (ct.2) 
Touch Step	Step L sideward (ct.1) Point R in front of L (ct.2) 
Walk	Step R forward (ct.1), Step L forward (ct.2) 
Change Step	Step R sideward (ct.1), Step L close to R (and), Step R in Place (ct.2) 
Cross Change Step	Cross L over R (ct.1), step R sideward (and), step L in place (ct.2) 

Hop Step 	Step R sideward (ct.1), Hop R in place (ct. 2)
Mincing 	Point R in Place (and), Step L in place (ct.1), Point R in place (and), Step L in place (ct.2)
Cross Step 	Step L cross R (ct.1), Step R sideward (ct.2)
Heel-toe, change step 	Place R Heel sideward (ct.1), point R close to L (ct2), change step with the R (ct.1 and 2) maybe repeated with L



BRIEF INTRODUCTION

HEALTH: FIRST AID FOR COMMON UNINTENTIONAL INJURIES

- First aid is an immediate and temporary care given to a person who has been injured or suddenly taken ill. It includes self-help and home care if medical assistance is not available.
- There are different types of first aid for common unintentional injuries.
- First aid could greatly help in alleviating pain, preventing further injury, prolonging, and even save lives.
- Prepare to practice safety measure and help the family, friends, and community during emergencies



HEALTH ACTIVITY

Activity #1: Play it out!

Each student will present a specific unintentional injury. Your parents/guardians or siblings shall present a topic in a creative way but must address the guide question given.

1. Where does the injury commonly happen?
2. What are the factors that contributed to the occurrence of the injury?
3. What are the proper procedures in giving first aid to the injury?
4. What are the ways to prevent the injury?

Suggested Presentation:

Role Play

New casting

Pantomime

Multimedia and other Creative Presentation

Activity #2: Draw it Up!

Direction: Draw a cartoon / comic strip showing a person ready to help other people through his/her knowledge and skills in first aid. Write or draw the things, qualities, information, skills that he/she should have in applying first aid. *Note: You can draw it in a short bond paper or notebook. Send your Activity on your MAPEH Group Chat or MAPEH Teacher indicating your name and grade and section.*

RUBRICS ON FULLY PACKED

Criteria	Very Good (5)	Good (4)	Fair (3)	Poor (2)	Score
Creativity	<i>The cartoon / comic strip includes all required elements as well as additional information</i>	<i>All required elements are included in the cartoon / comic strip</i>	<i>Only few required elements are missing on the cartoon / comic strip</i>	<i>Several required elements are missing on the cartoon / comic strip</i>	
Clarity	<i>The cartoon / comic strip is exceptionally attractive in terms of design, layout and clarity</i>	<i>The cartoon / comic strip is attractive in terms of design, layout and clarity</i>	<i>The cartoon / comic strip is acceptably attractive though it may be a bit messy</i>	<i>The cartoon / comic strip is distractingly messy or very poor designed. It is not attractive</i>	
Punctuality	<i>Cartoon / comic strip was submitted on time</i>	<i>Cartoon / comic strip was submitted 1 day late</i>	<i>Cartoon / comic strip was submitted 2 days late</i>	<i>Cartoon / comic strip was submitted 3 days late</i>	
Completeness	<i>Cartoon / comic strip presentation was neat, orderly, and complete</i>	<i>Cartoon / comic strip presentation was mostly was neat, orderly, and complete</i>	<i>Cartoon / comic strip presentation was somehow was neat, orderly, and complete</i>	<i>Cartoon / comic strip presentation was disorderly</i>	



REMEMBER

Keep in mind the following terms for you to understand the lesson

MUSIC	ARTS
<ul style="list-style-type: none"> • BALLADE- a verse form or narrative that is set to music. • SYMPHONY - extended piece in three or more movements for symphony orchestra. • NOCTURNE - an instrumental composition of a pensive, dreamy mood, for the piano • SONATA - composition for one or more solo instrument • PRELUDE - a short piece of music that can be used as a preface, and introduction to another work or may stand on its own. <p>POLONAISE - a slow Polish dance in triple time that consists of a march or introduction to another work or may stand on its own.</p>	<p>Romanticism was a cultural movement that started in Europe. It was somewhat of a reaction to the Industrial Revolution which occurred during the same time period. The movement affected philosophical thinking, literature, music, and art.</p> <p>Romantic art focused on emotions, feelings, and moods of all kinds including spirituality, imagination, mystery, and fervor. The subject matter varied widely including landscapes, religion, revolution, and peaceful beauty. The brushwork for romantic art become looser and less precise.</p>
PHYSICAL EDUCATION	HEALTH
<p>Basic dance steps in 2/4 time signature:</p> <ol style="list-style-type: none"> 1. Bleking 2. Close step 3. Touch step 4. Walk 5. Change step 6. Cross change step 7. Hop step 8. Mincing 9. Heel-toe, change step 10. Cross step 	<p>FRACTURE is a break or crack in a bone. An open fracture pierces the skin surface while in a closed fracture, the skin above is intact.</p> <p>DISLOCATION is a partial or complete displacement of the bones.</p> <p>SPRAIN is an injury to the ligaments of a bone due to accident tearing or overstretching.</p> <p>STRAIN is an injury to the muscles which is a result of improper use of the muscle.</p> <p>HEAT EXHAUSTION is caused by loss of salt and water due to excessively high temperature. This may lead to heatstroke and even death.</p> <p>FOOD POISONING is caused by consuming food or drink that is contaminated with bacteria or viruses.</p> <p>CHOKING results when a foreign object blocks the throat.</p> <p>DROWNING happens when air cannot get into the lungs because of water. It can cause immediate death when taken for granted.</p> <p>HEART ATTACK is caused by a sudden obstruction of blood supply to the part of the heart muscles.</p> <p>CHEMICAL BURNS may occur when electricity passes through the body.</p> <p>BURNS are often due to domestic incidents such as touching a hot iron, friction (rope burn) or spilling boiling water on the skin.</p> <p>HEAT STROKE is caused by a failure of the “thermostat” in the brain to regulate body temperature. When this happens, the body becomes seriously heated.</p> <p>STROKE is a condition in which the blood supply to a part of the brain is suddenly and seriously impaired by a blood clot or ruptured blood vessel.</p>



CHECK YOUR UNDERSTANDING

Before I move on to the next module, I will assure that...

I understand...

I will apply the lesson in...

I will practice...
