



# SELF-LEARNING MODULE

**GRADE 9**

**QUARTER 4**

**MODULE**

**3**

**WRITER/S**

**Music: ROSALIE J. ESTILLER**  
**PE: RICARDO A. ROMAN**

**Arts: ALEJANDRO L. CAMACHO**  
**Health: MANNY C. ARCEO**



## EXPECTATION

*At the end of this module, you are expected to:*

**MUSIC-** a. Analyze the musical structure of the vocal music forms of Romantic period music.

b. Listen perceptively to selected art songs and excerpts of opera and classify the different vocal ranges and voice types of opera performers.

**ARTS-** a. Understand the role of theatrical elements in the creation and communication of Western Classical plays and opera which influenced the Philippine theatrical performance in terms of form and

content of the story.

b. Take part in a performance of a selected piece from the Philippine Classical Play.

### **Physical Education**

a. Active indoor recreational activity team sports

b. Advocate community efforts to increase participation in physical activities and improve

**Health** – a. Describe intentional injury

b. Identify the different type of intentional injuries

### **LOOKING BACK**

Direction: Recall the activities, insights, and reflections that you have learned in your previous lesson. Write your answer in your MAPEH journal book.

MUSIC	ARTS
<p><b>Blockbuster Questions</b> DIRECTIONS: Give the word/s or phrases that are asked in each item. The letters underlined serve as your clue.</p> <ol style="list-style-type: none"> <li>Who is this <b><u>GV</u></b>, composer who wrote his final opera that ends with “All the words a joke.”</li> <li>Who is this <b><u>GP</u></b>, a Late Romantic Italian composer who composed the score for “La Boheme”?</li> <li>Who is this <b><u>RW</u></b>, a German composer who adapted the leitmotif approach?</li> <li>What is this <b><u>LA</u></b>, German</li> </ol>	<p>List at least five kinds of props used in a western theatrical play.</p> <ol style="list-style-type: none"> <li>_____</li> <li>_____</li> <li>_____</li> <li>_____</li> <li>_____</li> </ol>

term that refers to a composition for solo voice and piano

5. What is this **O** a kind of theatrical performance which involves **acts, finales, and postludes**?

**PHYSICAL EDUCATION**

**HEALTH**

**ACTIVE INDOOR RECREATIONAL ACTIVITY  
INDIVIDUAL AND DUAL SPORTS**

I've learned that...

**Types of Intentional Injury** (Bullying, Stalking, and Extortion).

Identify the following. Write your best answer.

- 1) Hurting a person's body or destroying his/her possessions. \_\_\_\_\_
- 2) Saying or writing mean and nasty things. \_\_\_\_\_
- 3) The act of using force or threats to force people to hand over their money or property, on favors. \_\_\_\_\_
- 4) A pattern of behavior that makes you feel afraid, nervous, harassed, or in danger. \_\_\_\_\_
- 5) Verbal and social bullying done through use of technology and electronic means. \_\_\_\_\_



**BRIEF INTRODUCTION**

**MUSIC: Vocal Music of Romantic Period**

Vocal music is one of the best tools for expressing ones feeling. This form of expression became more evident during the Romantic period. Romanticism coincided with the Industrial Revolution in Western Europe that brought about the rise of socialism and capitalism. The Composers explore feelings of grandiosity, intimacy, unpredictability, sadness, rapture, and longing.

**ACTIVITY 1 Which is Which?**

Compare two vocal works by listening to these songs entitled "Gretchen am Spinnrade" <https://www.youtube.com/watch?v=MY0eeotSDi8&t=0s> by F. Schubert, and "Mutya ng Pasig" click the video of Nicanor Abelardo write their characteristics

Title	Melody	Rhythm	Tone Quality	Texture
"Gretchen am Spinnrade" by F. Schubert lied Art Song				
"Mutya ng Pasig" by Nicanor Abelardo Kundiman				

**Conclusion:** \_\_\_\_\_

1. What did you feel? What emotions were evoked/expressed in the music?
2. Which style do you prefer? Why?

3. What are the similarities/ differences?

**ARTS: Influences of Western Classical plays or opera on Philippine theatrical performance.**

Theater Arts of Western countries were produced and performed in different periods and that has a great influence from the Ancient Greek and Roman theater art.

One of the famous playwrights and composer of western Theater Arts/Opera is William Shakespeare that creates the famously tragic love story of Romeo and Juliet. This form and content of the story show influence the Philippine Theatrical performance. Florante and Laura are one of them created by Filipino composer Francisco Balagtas.



**ARTS ACTIVITY**

**ACTIVITY 1: CHARACTER IDENTIFICATION**

**Direction-** Below are the characters in Romeo and Juliet, identify the role of each character in the space provided.

<b>MONTAGUE'S FAMILY</b>	
<b>CHARACTER</b>	<b>ROLE</b>
<b>Romeo</b>	Answer:
<b>Lord Montague</b>	Answer:
<b>Lady Montague</b>	Answer:
<b>Benvolio</b>	Answer:
<b>Balthasar</b>	Answer:
<b>Abraham</b>	Answer:

<b>CAPULET'S FAMILY</b>	
<b>CHARACTER</b>	<b>ROLE</b>
<b>Juliet</b>	Answer:
<b>Lord Capulet</b>	Answer:
<b>Lady Capulet</b>	Answer:
<b>Tybalt</b>	Answer:
<b>The Nurse</b>	Answer:
<b>Peter</b>	Answer:
<b>Sampson</b>	Answer:
<b>Gregory</b>	Answer:

## ACTIVITY 2: LIGHTS, CAMERA, ACTION!

**Direction:** Watch the link below of Florante at Laura first part only : [https://www.youtube.com/watch?v=9QNMJOkOd\\_E](https://www.youtube.com/watch?v=9QNMJOkOd_E)  
Portray the character on the scene of Florante and Laura and have fun. Put it on video and send it to your teacher.

Acting Rubric

Criteria	5	4	3	2	1
Memorization of the line	All lines are correct fluid and display command in the play.	All but a few lines is not correct	Some choppiness and some lack of fluidity need more rehearsal.	The scene is choppy with many errors. Need much more rehearsal.	The scene is not memorized.
Projection and Emotion	Projection and Emotion are believable and match the character play and style.	Emotion is somewhat believable a little lack of expression.	The character is not fully played well.	Many errors and lack of facial expression.	Needs more practice.
Characterization	Strong choices are made to create character fully.	Good choices are made to create a character.	Character is not constant.	Breaking of character during a play.	Character is not present.

### P.E.: ACTIVE INDOOR RECREATIONAL ACTIVITY (TEAM SPORTS)

Currently, we are in the battle against the risk of covid19. This pandemic threatened the lives of mankind. To prevent the harmful effect of covid19, it is a wise decision for us to find ways on how to make ourselves protected from the deteriorating effect of the virus. Having a balanced diet, exercise, and enough rest will help us able to withstand the risk of possible infection of the virus. Also, engaging in an active indoor recreational activity may help us maintain our fitness during these times of pandemic. In short, let us maintain a healthy lifestyle.

The game **Volleyball** was invented by **William G. Morgan** way back in 1895. Originally, the game was called "**Mintonette**" but on its first exhibition game demonstration, Alfred Halstead suggested that it should be named "volleyball" due to the volleying characteristic of the game.

Volleyball is an adaptable team sport that may be played indoors. It may be played by a team of all male, all female, or mixed male and female. The objective of this game is to send the ball over the net to make the ball contact the opponent's side of the court.

#### Benefits of playing Volleyball:

- Develops good eye and hand coordination.
- Helps build muscle and burn fats.
- Helps a person become physically fit.
- Develops social skills.
- Develops self-confidence, leadership, teamwork or cooperation, and Sportsmanship.
- Develops mental health.



## PHYSICAL EDUCATION ACTIVITY

### Activity 1: Word Hunt

**Directions:** Find and shade the terms related to volleyball.

A	S	D	F	R	E	N	V	O	L	L	E	B	N	A	S	N
C	O	V	I	D	O	T	O	O	T	R	E	F	E	R	E	E
B	O	R	E	F	E	R	T	T	L	I	B	L	T	R	A	M
L	B	L	O	C	K	I	I	E	N	L	L	I	O	I	T	S
O	M	O	P	Q	W	A	Q	W	N	L	Y	B	R	A	S	E
M	I	N	T	O	N	N	A	M	A	O	E	E	E	N	E	N
S	N	O	S	E	K	A	C	B	V	O	T	R	B	A	R	I
E	E	R	E	F	E	L	Y	M	L	L	E	N	I	L	V	L
R	M	E	R	O	S	E	N	I	O	B	L	O	I	E	I	E
V	S	B	V	N	L	P	N	V	O	K	B	L	O	M	S	N
I	E	I	A	L	L	U	I	N	M	I	N	T	N	E	N	I
C	W	L	O	C	K	R	E	K	A	C	O	U	R	T	I	L
E	W	V	C	O	U	T	R	I	E	K	A	C	O	U	E	M

**Answer the following questions:**

Can we play volleyball inside our house? How?

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Suggest some activities related to volleyball that can be done inside our house?

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What are the benefits of playing volleyball?

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**HEALTH: Intentional Injury (Gang and youth violence/ Illegal fraternity-related violence, Kidnapping and Abduction, and Acts of Terror)**

**Intentional injuries** are injuries resulting from violence. It can be divided into two: **self-inflicted** when a person harms himself/herself on purpose, and **assault**, when person/persons harm another on purpose.

A **gang** is defined as a relatively tough, mostly street-based group of young people who regard themselves and may be seen by others as a group that engages in a range of criminal activity and violence. Young people join gangs and groups for lots of reasons. One of these is their need to belong, be included, or be part of a group they can identify themselves with. In campuses and universities, fraternities are represented by Greek letters. A **fraternity** is a group of people with similar backgrounds, occupations, interests, or tastes. The youth may think of several benefits in joining a fraternity, they may see it as a gain of power and protection. However, it is not easy to join fraternities. Fraternity members require applicants to undergo a series of initiation rites to become part of the “brotherhood”. One of these is hazing or activities that involved harassment,

abuse, or humiliation. Taking away or forcefully moving a person against his/her will and holding him/her in unjust captivity or be wrongfully confined in an isolated, secret place is called **Kidnapping**. The act is usually done for the motive like getting a monetary reward /ransom or getting some sort of benefit from the person or their family. On the other hand, **abduction** is the use of deceit or force to take a person or a child away from their home or relatives. Most of the time, the abductor is not holding the victim for profit or monetary gain. **Acts of terror or terrorism** are the use of violence for political goals and putting the public or a great number of people in fear. The purpose of these Terrorist groups is to produce terror in their victims through the use of violence, fear, and pressure. Acts of terror may be categorized into six. These are the following: state terrorism, Bioterrorism, Cyberterrorism, Ecoterrorism, Nuclear terrorism and Narcoterrorism.

The effectiveness of the terrorist acts lies not in the act itself, but the public's or government's reaction to the act.



## HEALTH ACTIVITY

### ACTIVITY 1: CREATIVE PRESENTATION

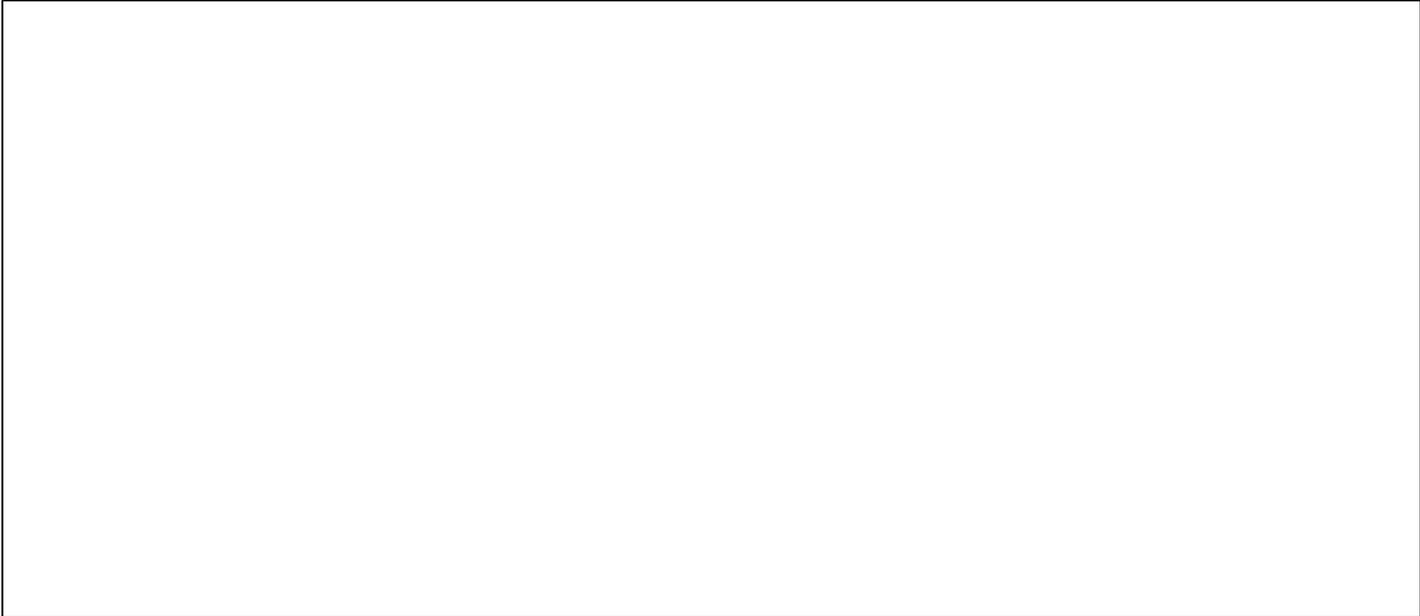
**Directions:** – Create a presentation to the class about the different intentional injuries (Gang and youth violence, fraternity-related violence, kidnapping, and acts of terror or terrorism). You may do a TikTok, poetry/jingle, collage, picture series, editorial cartoons, or any other method to present the topic creatively to the class.

#### Rubric for Creative Presentation

<i>Criteria</i>	<i>Excellent (5 points)</i>	<i>Very Good (4 points)</i>	<i>Fair (3 points)</i>	<i>Needs Improvement (2 points)</i>	<i>Poor (1 point)</i>
<i>Content</i>	<i>All contents are covered and presented creatively.</i>	<i>All contents are covered and presented.</i>	<i>Most of the contents are covered.</i>	<i>Few contents are covered.</i>	<i>Contents are irrelevant in the topic.</i>
<i>Neatness</i>	<i>The activity was submitted in an orderly arrangement and incredibly neat.</i>	<i>The activity was submitted in an orderly arrangement with minimal flaws.</i>	<i>The activity was submitted with minimal flaws.</i>	<i>The activity was submitted with so many flaws and inconsistencies.</i>	<i>The activity was submitted with many errors.</i>
<i>Timeliness</i>	<i>The activity was submitted ahead of the due date.</i>	<i>The activity was submitted on time.</i>	<i>The activity was submitted 1 day late.</i>	<i>The activity was submitted 2 days late.</i>	<i>The activity was submitted 3 days late.</i>

### ACTIVITY 2: Newspaper Clippings

**Directions:** – Look for newspaper clippings that show any intentional injuries. You can cut and paste or attach digital clippings to your worksheet. Attach your answer in the space provided.



Guide Question:

1. What types of intentional injuries portrayed in your newspaper clippings?

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2. Based on your newspaper clippings, what are the effects of intentional injuries on the victims?

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3. How can we help the victims of intentional injuries to live a normal life again?

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## REMEMBER

Keep in mind the following terms for you to understand the lesson.

MUSIC	ARTS
<p><b>Vocal music</b> is one of the best tools for expressing one’s feelings. This form of expression became more evident during the Romantic period. Romanticism coincided with the industrial revolution in Western Europe that brought about the rise of socialism and capitalism. The Romantic period’s basic quality is emotional subjectivity. Composers explore feelings of grandiosity, intimacy, unpredictability, sadness, rapture, and longing.</p> <p>Romantic vocal forms like art songs and operas were about fantasy, supernatural, romance, and nature as a mirror of the human heart. Virtuoso performers are not only instrumentalists but also singers. One singer sometimes sounds like several characters by use of different vocal registers.</p>	<p>Theater began from myth, ritual, and ceremony. Early societies perceived connections between actions performed by groups of people or leaders. These actions moved from habit to rituals, tradition, and ceremony due to human desire and needs for entertainment. The repeated rehearsals, performances, and creation of different actions broke the ground for theater. Let us now study the theatrical forms of art periods.</p> <p>Theater means –a place of seeing, but it is more than the buildings where performance takes place. To produce theater, a playwright writes the scripts, the director rehearses the performers, the designer, and the technical crew is in charge of props to create the scenes of actors and actresses perform on stage. When the audience witnesses it, that can say true theater act.</p> <p>Some of the famous playwrights and composers of the Western Theater Arts/ Opera were Sophocles, William Shakespeare, Christopher Marlowe, Farinelli, Claudio Giovanni Antonio Monteverdi, Pierre Beaumarchais, Johann Wolfgang Von Goethe, Victor Hugo, George Bizet, Wolfgang Amadeus Mozart, Franz Schubert, Giuseppe Verdi, and Giacomo Puccini.</p>
PHYSICAL EDUCATION	HEALTH
<p>The game Volleyball was invented by William G. Morgan in 1895. Originally, the game was called “Mintonette” but in its first exhibition game demonstration, Alfred Halstead suggested the name “volleyball” due to the volleying characteristic of the game.</p> <p>Volleyball is an adaptable team sport that may be played indoors. It may be played by a team of all male, all female, or mixed male and female.</p>	<p><b>Intentional injury</b> - are injuries resulting from violence.</p> <p><b>Self-inflicted</b> - when a person harms himself/herself on purpose.</p> <p><b>Assault</b> - when a person/persons harm another on purpose.</p> <p><b>Gang</b> - defined as a relatively tough, mostly street-based group of young people who regard themselves and may be seen by others as a group that engages in a range of criminal activity and violence.</p>

The objective of this game is to send the ball over the net

**Fraternity** - a group of people with similar backgrounds, occupations, interests, or tastes.

**Kidnapping** - taking away or forcefully moving a person against his/her will and holding him/her in unjust captivity or be wrongfully confined in an isolated, secret place is called.

**Abduction** - is the use of deceit or force to take a person or a child away from their home or relatives.

**Acts of terror or terrorism** - is the use of violence for political goals and putting the public or a great number of people in fear



### CHECK YOUR UNDERSTANDING

Before I move on to the next module, I will assure you that...

I understand...

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I will apply the lesson in...

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I will practice...

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