



SELF-LEARNING MODULE

GRADE 9

QUARTER 4

**MODULE
2**



WRITER/S

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EXPECTATION

At the end of this Module 2, you are expected to:

- explain the plot, musical and theatrical elements of an opera after watching video samples;
- identify the elements and principles of arts as manifested in Western Classical plays and opera;
- define what makes selected Western classical plays and operas unique through visual representation;
- design the visual elements and components of the selected Western classical theater play and opera through costumes, props, etc.;
- participate in active recreation;
- practice healthy eating habits that support an active lifestyle;
- describe the types of intentional injuries.



LOOKING BACK

Direction: Recall the activities, insights, and reflections that you have learned in the last topic. Write your answer in your MAPEH journal book.

MUSIC	ARTS
<p>Vocal Music of the Romantic Period</p> <p>I've learned that...</p>	<p>Western Classical Plays/Opera</p> <p>I've learned that...</p>
PHYSICAL EDUCATION	HEALTH
<p>Active Recreation</p> <p>I've learned that...</p>	<p>Intentional Injuries</p> <p>I've learned that...</p>

Direction: Let us try to figure out if you have prior knowledge of our lesson today and see how curious you are about the new learning. Before you read the lesson, WRITE the concepts that you already know about the VOCAL MUSIC of the ROMANTIC Period on the first column. Then, write some questions that you have about the topic in the second column. After reading the lesson, write down the concepts that you have learned about the topic in the third column.

MUSIC KWL CHART VOCAL MUSIC OF THE ROMANTIC PERIOD

What I KNOW about the Vocal Music of the Romantic Period	What I WANT TO KNOW about the Vocal Music of the Romantic Period	What I LEARNED about the Vocal Music of the Romantic Period



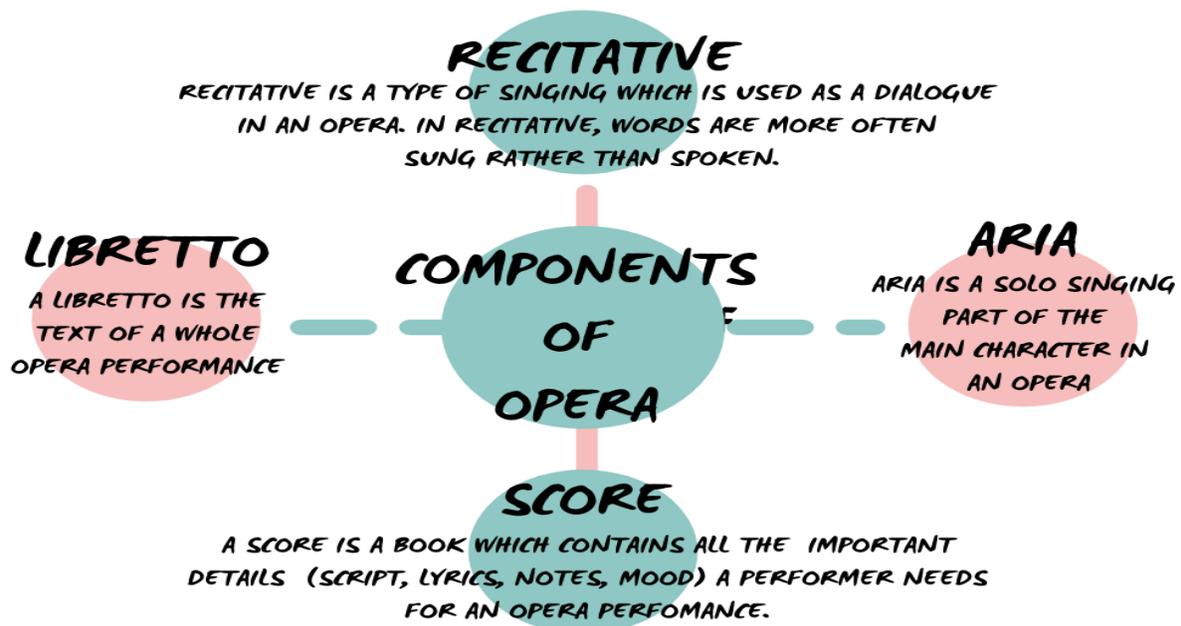
MUSIC: Vocal Music of the Romantic Period

The Romantic Period of music which started from 1890-1910, emphasizes the emotions, imagination, and expression of the composers on their compositions. The music during this period reflects the history, literature as well as emotions and passions of the composer. The usual inspiration of the composers during this musical period are the myths, legends, and the different sceneries.

The Vocal Music of the Romantic became a great source and influence of Opera performances. The birth of Opera performances paved the way to a much wider and more free musical expression. Romantic Period's vocal music requires a wide range of voices, pitch, rhythm, and dynamics. Because of the rise of Vocal music, opera houses

were built. It became a place where music, arts, literature, and even history unite.

Opera is a staged drama set to music in its entirety, made up of vocal pieces with instrumental accompaniment and usually with orchestral overtures and interludes (Weinstock, n.d). The figure below presents the Components of the Opera.



MUSIC ACTIVITY

Activity: Let's Analyze

Direction: Click the link and listen carefully to Franz Peter Schubert's *Erlkönig* and Giacomo Puccini's *Quando men vo* (an excerpt from *La Boheme*. Compare the elements of the two compositions through the table given below.

Composition	Texture	Rhythm	Dynamics	Melody
Franz Peter Schubert's Erlkönig https://www.youtube.com/watch?v=XoBo8dlPcQo Franz Schubert - Erlkönig (Sheet music and lyrics)				
Giacomo Puccini Quando me n vo (an excerpt from La Bohome) https://www.youtube.com/watch?v=GPVZZPQAJpo Patricia JANEČKOVÁ: "Quando me´n vo" (Giacomo Puccini - La bohème)				

Guide Questions:

1. What do you think is the story behind each composition?

a. Franz Peter Schubert's *Erlkönig*

b. Giacomo Puccini Quando me n vo (an excerpt from La Boheme)

2. What instruments are used in each composition?

a. Franz Peter Schubert's Erbkönig

b. Giacomo Puccini Quando me n vo (an excerpt from La Boheme)

WESTERN CLASSICAL OPERA

Welcome, learners! Here are some motive questions to get you in the vibe before we start with our lesson today.

Tweet

If you were one of the characters from Encantandia or AVATAR: The Legend of AANG, what elemental power would you like to have and why?

If I were to be a character from either of this series, I would choose _____

If you were to choose a form of art (visual, performing, etc.) that you would like to pursue, what would it be and why?

If I were to pursue a form of art, I would choose _____

Twitter Search

Today's Keywords Trending on ARTS 9

- #OPERA**
- #Play**
- #Elements**
- #Encompassing**
- #Drama**
- #Spectacle**

ARTS: Elements Western Classical Opera

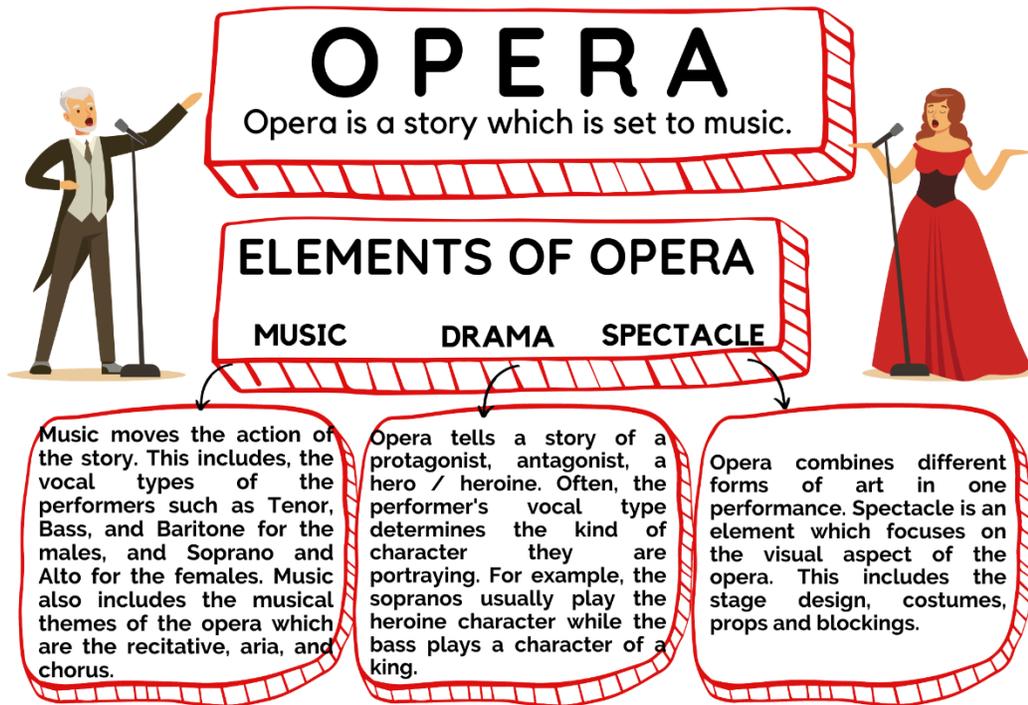
If you have watched any episodes of Avatar: The Legend of Aang and Encantandia, you will be reminded that the elements are essential to maintain harmony here on Earth, the same goes with the different forms of art.

Opera encompasses the different art forms. It is a drama which is set to music. This means that the story is told through songs. The performers in this art express their dialogue through singing instead of merely speaking. Since Opera combines different art forms in one performance—there are different elements which are needed to be considered to produce an excellent opera performance. The figure shows the different elements of Western Classical Opera.

ARTS ACTIVITY

Activity no 1;

Direction: Watch the following excerpts from different opera performances and check whether the given elements are present in each.



TITLE OF THE PERFORMANCE	MUSIC				DRAMA	SPECTACLE		
	SOPRANO	ALTO	TENOR	BASE		STAGE DESIGN	COSTUME	PROPS
1. Phantom of the Opera - Sierra Boggess & Ramin Karimloo (Classic BRIT Awards 2012) https://www.youtube.com/watch?v=8fKKiaSLLEY								
2. Lea Salonga - On My Own (Les Misérables) https://www.youtube.com/watch?v=VjfmP7h3gBw								
3. The Magic Flute – Queen of the Night aria (Mozart; Diana Damrau, The Royal Opera) https://www.youtube.com/watch?v=YuBeBjqKSGQ								

Guide Questions:

1) What similarities have you noticed in the three performances?

2) What are the differences that you have noticed in the three performances?

3) What do you think is the relevance of these kinds of performing arts?

P.E.: Active Recreation

Exercise makes the body do a physical activity which results in a healthy or healthier level of physical fitness and mental health. In other words, the exercise aims to maintain or enhance our physical fitness and general health. Recreation activities, pastimes, and experiences that are freely chosen. They are usually undertaken in free time and produce feelings of well-being, fulfillment, enjoyment, relaxation, and satisfaction. Examples of active recreation include bushwalking, boating, mountain bike riding, rock climbing, trail horse riding, swimming, jogging, surfing, and water-skiing.

Regular physical activity and participation in sports and active recreation are essential behaviors for the prevention of diseases and improvement of health conditions in many ways.

We all know that leading an active lifestyle is good for us. If we participate in regular moderate activity, we can expect numerous more enjoyable health and social activities.

A healthy lifestyle is a way of living that lowers the risk of being seriously ill or dying early from infectious diseases to chronic lifestyle-related conditions such as heart disease, cancer, and diabetes.

Healthy Lifestyle Chart



https://www.google.com/search?q=drawing+of+healthy+lifestyle&sxsrf=ALeKk02j-SKIYTh7q-ouZLN3hIEYo8gXeQ:1617383669478&source=lnms&tbn=isch&sa=X&ved=2ahUKEwiKudbYh-DvAhWLFogKHYSqA3MQ_AUoAXoECAEQAw&biw=1366&bih=608#imgrc=6nAkqKMYGol2SM



PHYSICAL EDUCATION ACTIVITY

Activity 1: Shuttle Game

Objectives:

1. Practice whipping skills with alertness.
2. Avoid grounding the shuttle into the ground.

Materials Needed:

Racket

Shuttlecock

Procedure:

Find a place where you can move freely. Keep the shuttlecock up in the air using the racket. Avoid grounding the shuttlecock on the floor. Video the successful volley that you do and send to FB/Messenger provided by the teacher.

Activity 2: Lifestyle Check

Answer the following questions. Write your answer in the space provided.

1. How do you maintain a healthy lifestyle?

2. How do you feel about your health right now? _____

3. Do you spend most days being physically inactive? _____

HEALTH: Intentional Injuries

Intentional injuries refer to injuries resulting from purposeful human action, whether directed at oneself or others. It includes self-inflicted and interpersonal acts of violence intended to cause harm. These include death and injuries caused by gun violence, physical and sexual assault and abuse, suicide, and bullying to name a few. It can be perpetrated against family members and community members.

Suicide and parasuicide are intentional self-inflicted injuries.

Suicide means ending your own life, it is sometimes a way for people to escape pain or suffering. On the other hand, parasuicide is an attempt in which a person does not intend to die. Assault has four classifications:

1. **Committed within the family** – when one or more members of the family harm or abuse another family member, domestic violence happens.



Domestic violence an act that included physical assault (hitting, pushing and shoving) sexual abuse and physical abuse.

2. **Committed by peers** – peers in school or the community may commit bullying, stalking, and extortion.



Bullying – is an unwanted, aggressive behavior

- Verbal bullying
- Social bullying
- Physical bullying
- Cyber bullying



Stalking – when someone repeatedly contacts you and follow you, makes you feel afraid, nervous, harassed or in danger.



Extortion – is the act of using force or threats to force people to hand over their money or properties on favors. Extortion can happen usually outside or near school.

3. Committed by other groups – may be committed by gang and other groups which results to youth violence, illegal fraternity-related violence, kidnapping and abduction, and different acts of terror.



Gang -mostly street based group of young people who regard themselves and may be seen by others as a group that engages in a range of criminal activity and violence.



Kidnapping – taking away or forcefully moving a person against his/her will and holding him/her in just captivity.



Terrorism – use of violence for political goals and putting the public or a great number of people in fear.

4. Committed by the family, peers, or other people- includes verbal abuse, incest, molestation, or rape.



Verbal abuse – cruelty that involves the use of words.



Sexual abuse

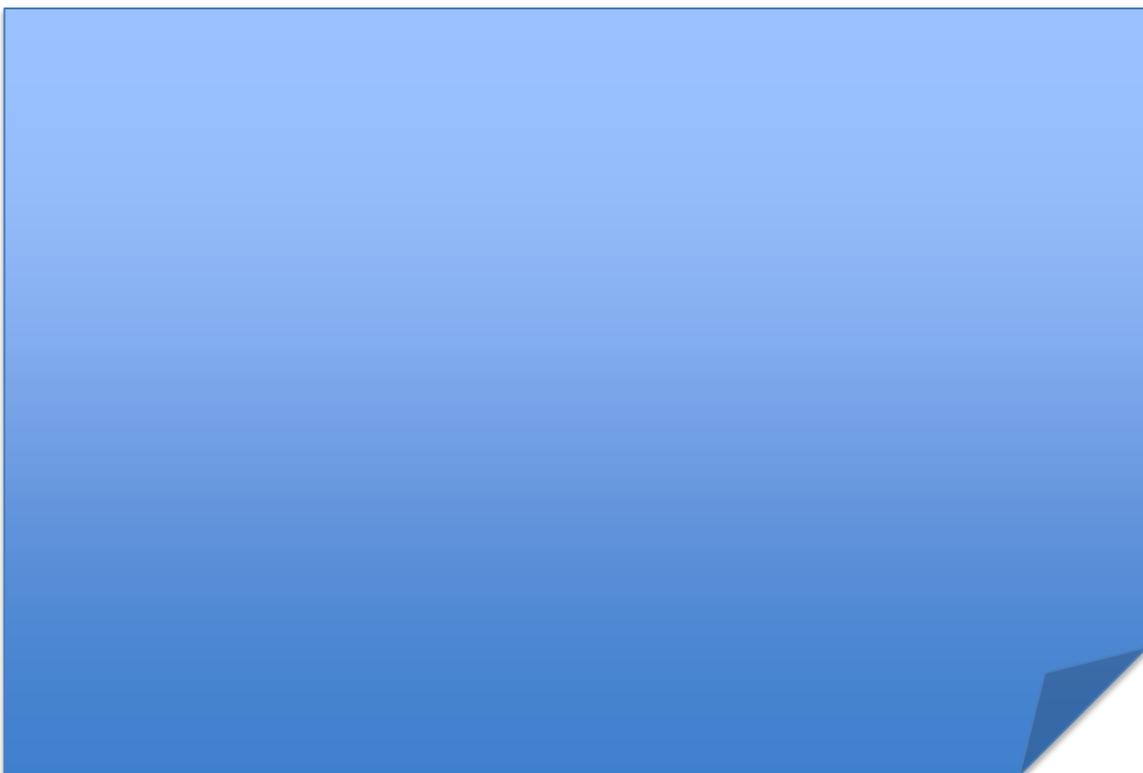
- Molestation – (seeing other person as sexual object)
- Incest
- Rape



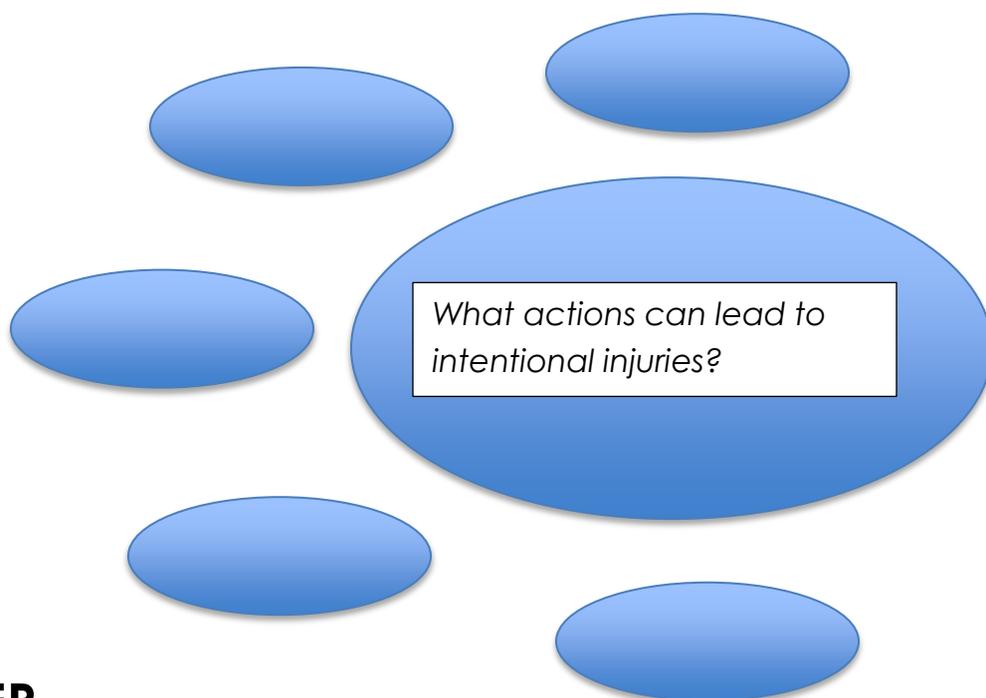
HEALTH ACTIVITY

Activity 1: Banner Story

Cut and paste an article on an intentional injury and write your reaction about it.



Activity 2: Ask Me Please.



REMEMBER

Keep in mind the following terms for you to understand the lesson.

MUSIC	ARTS
<p>VOCAL MUSIC OF ROMANTIC PERIOD</p> <p>The Romantic Period of music which started from 1890-1910, gives emphasis to the emotions, imagination, and expression. This period of music paved way for Opera performances. An opera is a story which is set to music.</p>	<p>WESTERN CLASSICAL OPERA</p> <p>Opera has three main elements which are music, drama, and spectacle. Music includes the musical themes and the vocal types of the performers. The drama involves the whole story of the performances while spectacle emphasizes the visual aesthetic of the performance such as the stage design, blocking, props, and costumes.</p>
PHYSICAL EDUCATION	HEALTH
<p>Regular physical activity and participation in sports and active recreation are essential behaviors for the prevention of diseases and improvement of health conditions in many ways.</p> <p>We all know that leading an active lifestyle is good for us. If we participate in regular moderate activity, we can expect numerous more enjoyable health and social activities.</p>	<p>Intentional injuries are injuries resulting from violence. It can be divided into two;</p> <p>Self-inflicted when a person harms himself/herself on purpose and assault when person/persons harm another on purpose.</p>

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CHECK YOUR UNDERSTANDING

Before I move on to the next module, I will assure you that...

I understand...

I will apply the lesson in...

I will practice...

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