



EXPECTATION

At the end of this module 8, you are expected to:

- a. Analyze the musical structure of the vocal music forms of Romantic Period music.
- b. Explore other arts and media that portray Romantic period elements.
- c. Analyze the uniqueness of each group's performance of its selected Western Classical theater play and opera
- d. Perform a selected piece from Western Classical play and opera
- e. Advocate community efforts to increase participation in physical activities and improve nutrition practices
- f. Perform active recreational activities
- g. Identify protected factors related to intentional injuries
- h. Demonstrate ways to prevent and control intentional injuries



LOOKING BACK

Direction: Recall the activities, insights, and reflections that you have learned in 3RD quarter. Write your answer in your MAPEH journal book.

MUSIC	ARTS
Music of the 20th Century	Modern Art and Contemporary Art Forms
I've learned that...	I've learned that...
PHYSICAL EDUCATION	HEALTH
Active Recreation (Fitness)	Consumer Health
I've learned that....	I've learned that....



BRIEF INTRODUCTION

MUSIC: VOCAL MUSIC OF THE ROMANTIC PERIOD (Opera Music Analysis)

How do you express your feelings? Is it through writing, painting, dancing, singing, or acting? What do you feel when these emotions are not expressed?

Vocal music is one of the best tools for expressing one's feelings. This form of expression became more evident during the Romantic Period. Romanticism coincided with the Industrial Revolution in Western Europe that brought about the rise of socialism, and capitalism. The Romantic period's basic quality is emotional subjectivity. Composers explore feelings of grandiosity, intimacy, unpredictability, sadness, rapture, and longing.



MUSIC ACTIVITY (Watching Time!)

Direction: Choose one among the modern version of an OPERA that listed below and find the movie clip on YouTube and watch for the different components of opera being shown in the movie clip. Then take note of the important details about the PLOT, the CHARACTERS, MUSICAL and THEATRICAL ELEMENTS present in the film.

1. The Phantom of the Opera (2012)
<https://www.youtube.com/watch?v=8fKKiaSLLEY>
2. The Magic Flute (1975)
<https://www.youtube.com/watch?v=pZcaf9GfyWs>
3. Moulin Rouge (2001)
<https://www.youtube.com/watch?v=hrEJkBBeldM>

Answer the following question:

1. What is your overall impression of the film?

2. From viewing, cite the important components needed to produce an opera?

3. Did the film teach you how to have a good understanding on how to perform in an opera?

4. In what ways do operas help people learn about the culture of other people?

5. How will you help other people in the future to understand and appreciate theatrical performances like the opera?

ARTS: WESTERN CLASSICAL PLAYS/OPERA (Opera Music Analysis)

Theater Arts of the Western countries were produced and performed in different periods and that has had great influence from the Ancient Greek and Roman theater art.

Some of the famous playwrights and composers of the Western Theater Arts/Opera were Sophocles, William Shakespeare, Christopher Marlowe, Farinelli, Claudio Giovanni Antonio Monteverdi, Pierre Beaumarchais, Johann Wolfgang von Goethe, Victor Hugo, Georges Bizet, Wolfgang Amadeus Mozart, Franz Schubert, Giuseppe Verdi, and Giacomo Puccini.



ARTS ACTIVITY (IARTE MO!)

Watch the Synopsis of "The Shoemaker's Holiday" (Youtube Clip: <https://www.youtube.com/watch?v=VYk9dYTTvR0>) and make a SKIT out of it. Record your video acting ability of about 1-3 minutes and send it to our G-Classroom.

CRITERIA:

* Presentation.....	30%
* Creativity.....	30%
* Overall performance.....	40%
	100%

P.E.: ACTIVE RECREATION (Active Outdoor Recreational Activity)

How do you live your everyday life? Are you the typical couch potato or a physically active person?

Recreation is voluntary activity during free and unobligated time that's give enjoyment. It refreshes one's mind and body after a day's work. Recreation embraces both indoor and outdoor activities that refer to sports and exercise leading to attainment as well as managing our desired weight.

The activities are enjoyable and offer satisfaction to enhance the quality of your life. You'll understand that lifestyle and recreation will promote not just your fitness, nor your family's fitness, but the community's fitness in general! So get off your feet and jump off to the world of ACTIVE RECREATION!



Physical Education ACTIVITY (ZUMBA TIME!)

Create your own Zumba Dance Step Exercise with 2 or more family members, you may come up with your combinations using OPM songs.

CRITERIA:

• Choreography.....	25 %
• Mastery and Creativity.....	25 %
• Energy and Fitness.....	25 %
• Overall Performance.....	25 %
	100 %

HEALTH: INJURY PREVENTION, SAFETY AND FIRST AID (INTENTIONAL INJURIES)

We are always exposed to dangers, whether we are young or old, rich or poor. It is, therefore, necessary that we are aware of what these possible dangers are, how all of these can affect us, and how we can prepare ourselves to prevent them from happening or minimize their effects if they happen to us.

Although the adults around you should protect you against any harm that may threaten your safety and your life, you cannot rely on that all of the time. You have the responsibility and capability of shielding yourself from the dangerous world that we live in today.

Finally, you should be able to put into practice what you learned by demonstrating the ways on how to prevent and control intentional injuries.



HEALTH ACTIVITY (Shield Me!)

Make a **POSTER** about how to prevent and control intentional injuries to keep away from the harm that may threaten your safety and your life.

CRITERIA:

• Creativity.....	25 %
• The neatness of work.....	25 %
• Message.....	25 %
• Interpretation.....	25 %
	100 %

REMEMBER

Keep in mind the following terms for you to understand the lesson.

MUSIC	ARTS
<p>Vocal music is one of the best tools for expressing one's feelings. This form of expression became more evident during the Romantic Period. Romanticism coincided with the Industrial Revolution in Western Europe that brought about the rise of socialism and capitalism. The Romantic Period's basic quality is emotional subjectivity. Composers explore feelings of grandiosity, intimacy, unpredictability, sadness, rapture, and longing. Romantic vocal forms like art songs and operas were about fantasy, supernatural, romance, and nature as a mirror of the human heart.</p>	<p>Theater Arts of the Western countries were produced and performed in different periods and that has had great influence from the Ancient Greek and Roman theater art.</p> <p>Some of the famous playwrights and composers of the Western Theater Arts/Opera were Sophocles, William Shakespeare, Christopher Marlowe, Farinelli, Claudio Giovanni Antonio Monteverdi, Pierre Beaumarchais, Johann Wolfgang von Goethe, Victor Hugo, Georges Bizet, Wolfgang Amadeus Mozart, Franz Schubert, Giuseppe Verdi, and Giacomo Puccini.</p> <p>Modern theatrical plays and musicals are still influenced by their predecessors.</p>
PHYSICAL EDUCATION	HEALTH
<p>Recreation is voluntary activity during free and unobligated time that's give enjoyment. It refreshes one's mind and body after a day's work. Recreation embraces both indoor and outdoor activities that refer to sports and exercise leading to attainment as well as managing our desired weight.</p> <p>The activities are enjoyable and offer satisfaction to enhance the quality of your life. You'll understand that lifestyle and recreation will promote not just your fitness, nor your family's fitness, but the community's fitness in general! So get off your feet and jump off to the world of ACTIVE RECREATION!</p>	<p>We are always exposed to dangers, whether we are young or old, rich or poor. It is, therefore, necessary that we are aware of what these possible dangers are, how all of these can affect us, and how we can prepare ourselves to prevent them from happening or minimize their effects if they happen to us.</p> <p>Although the adults around you should protect you against any harm that may threaten your safety and your life, you cannot rely on that all of the time. You have the responsibility and capability of shielding yourself from the dangerous world that we live in today.</p> <p>Finally, you should be able to put into practice what you learned by demonstrating the ways on how to prevent and control intentional injuries.</p>

CHECK YOUR UNDERSTANDING

Before I move on to the next module, I will assure that...

I understand...

I will apply the lesson in...

I will practice...